

Competitions

Registrations (as of July 31 cutoff)

Players: 2364 (7% increase from 2021-2022)

Coaches: 112

Admin: 87

Others: 17

Clubs & Teams for 2023-2024 - Full 15s list at <https://rugby.org/competition-structure/>

Men's Clubs – 26

Women's Clubs - 11

Men's Teams (15s) - 38

MAC D1 8 (of the 9 teams)

Capital Men D2 3

Capital Men D3 18

Capital Men D4 9

Women's Teams (15s) - 13

East D1 South 3 (of the 5 teams)

Capital Women D2 4

Capital Women D3 6

Capital teams that advanced to 2023 National Championships 15s Final Four:

Men D3: North Bay

Women's D1: NOVA

Women's D2: Severn River

Capital teams advancing to 2023 National Championships 7s this coming weekend:

Men (3): NAV, Beltway Elite, NOVA

Women (2): Scion, NOVA

Atlantic Super Regional 2023

- Nice site at Glen Allen (used instead of Dorey Park due to projected weather).
- No big issues.
- Tremendous help from Matt Robinette (Capital President) on event arrangements and grants and great hosts (James River, Blaze Byrd, others).
- Check-ins were no hassle.
- Games were intense.

Atlantic Super Regional 2024

- TBD in Eastern Penn.
- Championships only (one day).
 - Semis for Capital's teams will be hosted by the Capital team in each bracket.
 - This decision was made by a majority of the regional GU presidents.

Rugby Xplorer (RX)

- Better than Sportlomo.
- Clubs got used to using RX rather quickly.
- Issues?
 - Doing real time match updates using RX Match Day app. Hard to do at a field on even a large phone on the sidelines. Most clubs abandoned doing that and used the paper system to transcribe later.
 - Understanding Club, Squad, and Team concepts in RX.
 - Marking *Final* before the other Team finishes their entries.
- USAR and RX are doing a reset after this weekend. System should be open around August 19 for registrations and for us (Competitions) to enter league schedules, as well as set up the Teams under the Clubs.
- IMPORTANT:
 - Final match submissions for each week must be completed by Monday night.
 - Rosters must be entered with all replacements documented (or it didn't happen). This would affect player playoff eligibility.
 - From the Eligibility regs:
 - "The approved competitive match must be entered into the CMS no later than 48 hours after the match has concluded. If the match is not entered into the CMS and locked within the stated timeline, it will not be considered for player eligibility purposes."
 - Do NOT mark the game as Final until you know the other team has finished. Otherwise, you will lock them out!
 - The best time to do this? After the game.

Eligibility

- The USAR SCC Eligibility and Competitions Committees will be more stringent in the use of Rugby Xplorer, in terms of rosters and entering substitutes.
- Appeals have been tightened up due to the issue at the National Men's championship.
- PR7s participants will not count against the senior club fifteens Professional Player Match Roster limits.
- Clubs must have a registered Level 1 (formerly called Level 200) or higher coach certified with USA Rugby.
- Club officers need to understand the Eligibility policy. We use it at all levels for league play. <https://rugby.org/wp-content/uploads/2023/07/2023-24-Club-Regulations.pdf>
 - Player waivers are available for extenuating circumstances.

Promotion/Relegation

- Men
 - D1 <-> D2 <->D3 <- D4
 - <https://rugby.org/promotion-relegation-mens-clubs/>
- Women
 - TBD; different than Men's policy

Replacements

- Coordinators would have told club scheduling contacts several months ago.
- Current law 3.34 (2022-2023; <https://www.world.rugby/the-game/laws/law/3>)
- Similar to 7s interchanges, but in 15s:
 - 15s Match Rosters are limited to a maximum of 23 players.
 - The number of interchanges must not exceed twelve (12).
 - This is a change from the current 8 subs that cannot be replaced.
 - There are exceptions, of course.
 - See <https://rugby.org/competition-policy-for-15s/#replacements> (as well as the full document that is linked there).
- Why?
 - Will help clubs develop players.
 - Will help small clubs get better/more playing time for players.
 - Will help larger clubs develop players with less game risk.
 - Slightly easier for referees.
- This will apply to conference matches but does not include USAR regional playoffs (i.e., matches at the Atlantic Super Regional and the National Championships).